

# The Main Stage 2012 Summer Music & Dance Camp July 23-27th

## Approximate Daily Schedule

8:00 am Breakfast  
9:00 am Day-Campers Arrive  
9:15 am Class Session #1  
10:15 am Snack  
10:30 am Class Session #2  
11:30 am Band Session #1  
12:00-1:00 Lunch Break  
1:00-2:00 pm Class Session #3  
1:00-2:00 pm Recreation #1  
2:00-3:00 pm Class Session #4  
2:00-3:00 pm Recreation #2  
3:00 pm Snack Break  
3:30-4:30 Class Session #5  
4:30-5:30 Band Session #2  
5:30 pm Day-Campers Depart  
5:30-6:30 Dinner Break  
6:30 pm Fun Time/Games  
7:00-9:00 pm Evening Session  
9:00 pm Campfire Sing-a-long  
11:00 pm Lights Out!!

Day-Campers will receive lunch and (2) snacks per day

Over-Night Campers will receive (3) meals per day and (2) snacks per day.

The canteen will be open and campers may purchase additional food & snack items at a cost.

Questions?

Call (615) 382-7749

or e-mail [mainstage@bellsouth.net](mailto:mainstage@bellsouth.net)

## Directions to Camp:

Valley View Camp Address:  
7352 Swift Road, Greenbrier, TN. 37073

**From Nashville:** I-65 N toward Louisville. Merge onto TN-257 W/Bethel Rd via EXIT 104. Turn right onto S Mt Pleasant Rd. Take the 1st right onto Swift Rd.

**Please Arrive at Valley View Camp on Monday, July 23rd at 8:00 am**

## Nearby Hotels:

**Deerfield Inn (615) 643-4770 2027**  
Hwy 41 South, Greenbrier, TN. 37073. A weekly rate of \$195 is available.

**Holiday Inn Express (615) 851-1891**  
120 Cartwright Pkwy. Goodlettsville, TN.

**Quality Inn (615) 672-7000**  
354 Hester Drive, White House, TN. 37188

**Best Western Plus-White House (615) 672-3993**  
404 Hester Drive, White House, TN. 37188

## Facilities

include six **air-conditioned** cabins (male/female) each and two bathhouses each.

**RV/Campers** are welcome on a first-come-first-serve basis. With Electric hook-up only and bathhouse access for an additional \$10 per night

**Tents** are also welcome and will have access to any bathhouse for an additional \$10 per night.

## • What To Bring To Camp

- Instrument(s)
- Dance shoes
- Sleeping Bags/Bedding
- Pillow
- Towels & Wash Cloths
- Toiletries (soap, deodorant, shampoo, toothpaste, etc)
- Swimsuit/towel
- Flip Flops
- Sunscreen
- Bug Spray
- Flashlight
- Extra Money for Canteen & Rides
- Fishing Gear
- Please do not bring electronic devices such as ipods, ipads, gaming systems, etc.
- Please mark all belongings with your name.

## **Other Fees & Costs:**

**Canteen:** There will be a canteen open each day and will offer soft drinks, water, snacks, ice cream, popsicles, etc. for sale. Most items will cost \$1. So please send extra money to purchase these items.

**Zip-Lining:** There are two zip-lines available for all ages. A certified attendant will be present on all rides. Days/times are limited, but everyone should have *at least* one opportunity for the week to ride, perhaps more, depending on scheduling..

The “**Bunny Zip**” is \$10 per hour. For children ages 5-10. Children should be able to have 5-6 rides in that hour.

The “**Big Zip**” is \$25 per ride. For ages 10-up. Each ride last an hour and thirty minutes. Campers may only have one opportunity for the week to ride, due to the length of the ride & scheduling. Go to [www.vvczips.com](http://www.vvczips.com) for more information.

**Free Fishing...**Bring your own pole & gear!

**Swimming & All Other Recreational Activities Will Be FREE.**

(A certified lifeguard will be on duty at all times).

Activities listed above are **OPTIONAL**. All Money for the above must be paid upon receipt of **goods or services**. If you want your child to participate, make sure he/she has the money to ride and a release/consent form has been signed. We will not allow any campers to ride without signed forms, no exceptions.

The **Main Stage** will not be responsible for lost or stolen personal items or money. Please mark camper’s name on all belongings, as well as an envelope of money, with that child’s name on it, can be given to an adult leader and dispersed as needed.